

Lunch bags are provided and should be clearly marked with students name and room number along with their menu selections

For your convenience orders can be placed at the canteen window and also online before 10am daily and up to 2 weeks in advance  
Visit [ouronlinecanteen.com.au](http://ouronlinecanteen.com.au) to place your lunch orders online and to also order your school uniform items

SKiPS Canteen accepts **CASH and ONLINE ORDERS ONLY**. Please do NOT ask for credit or for money to be held.

**IF YOUR CHILD IS SICK** -If your child has placed a lunch order but is going home sick *please* contact the canteen before leaving the school.



South Kalgoorlie Primary School  
**SKiPS CANTEEN MENU**

**Term 4, 2016**

**Daily Specials:**

MONDAY - Pleaser Day	TUESDAY - Bonza Burger Day	WEDNESDAY - Delightful Day	THURSDAY - Rollie Pollie Day	FRIDAY - Funky Friday
G <b>Pizza (Bacon Blitz)</b> \$4.00	G <b>Beef Slider</b> \$3.00	G <b>Chicken Delight Meal</b> \$4.00	G <b>Chicken Tender Wrap</b> \$5.00	A <b>Pie</b> (sauce extra \$0.30) \$3.00
	G <b>Chicken Slider</b> \$3.00	G <b>Fish Delight Meal</b> \$4.00		A <b>Party Pie x2</b> (sauce extra \$0.30) \$2.00
				A <b>Sausage Roll</b> (sauce extra \$0.30) \$3.00

SKiPS Canteen is open Monday to Friday from 8.10am. Orders should be placed before 10.00am. Any late orders received after 10.00am will be limited to sandwiches

**Available Every Day:**

BEFORE SCHOOL, RECESS and LUNCH		EVERY DAY LUNCH ITEMS		SANDWICHES, ROLLS AND WRAPS			
G <b>Fresh Fruit</b>	\$1.00	G <b>Lasagne</b>	\$4.50		<i>Sandwich</i>	<i>Roll</i>	<i>Wrap</i>
G <b>Muesli Bars</b>	Apricot \$1.50	G <b>Spaghetti Bolognaise</b>	\$4.50	G <b>Vegemite</b>	\$2.00	\$2.50	-
G	Forest Fruits	G <b>Macaroni Cheese</b>	\$4.50	G <b>Salad (V, D)</b>	\$4.00	\$4.50	\$5.00
G <b>Milo Energy Bar</b>	\$2.00	G <b>Satay Chicken &amp; Rice</b> (nut free)	\$4.50	G <b>Cheese</b>	\$3.00	\$3.50	-
G <b>Yogo (Chocolate)</b>	\$2.00	G <b>Salad Tray</b>	\$5.50	G <b>Cheese and Salad</b>	\$4.50	\$5.00	\$5.50
<b>DRINKS</b>		G <b>Ham &amp; Salad Tray</b>	\$6.50	A <b>Ham</b>	\$3.00	\$3.50	-
G <b>Water (600mL)</b>	\$2.00	G <b>Chicken &amp; Salad Tray</b>	\$7.00	G <b>Ham and Cheese</b>	\$3.50	\$4.00	-
G <b>Poppa Juice (250mL)</b>	Apple \$2.00	G <b>Bread Roll (whole)</b>	\$1.00	G <b>Ham and Salad</b>	\$4.50	\$5.00	\$5.50
G	Apple & B/currant	G <b>Slice of Bread</b>	\$0.50	G <b>Egg</b>	\$3.00	\$3.50	-
G	Orange	<b>TOASTED SANDWICHES</b>		G <b>Egg and Salad</b>	\$4.50	\$5.00	\$5.50
G	Tropical	G <b>Cheese</b>	\$3.50	G <b>Curried Egg</b>	\$3.50	\$4.00	-
G <b>Brownes Milk (300mL)</b>	Chocolate \$2.50	G <b>Ham and Cheese</b>	\$4.00	G <b>Chicken</b>	\$4.50	\$5.00	-
G <b>Milky Max (200mL)</b>	Chocolate \$2.00	G <b>Ham, Cheese &amp; Tomato</b>	\$4.50	G <b>Chicken and Salad</b>	\$6.00	\$6.50	\$7.00
G	Strawberry	G <b>Ham, Cheese and Pineapple</b>	\$4.50	G <b>Chicken, Lettuce &amp; Mayo</b>	\$5.00	\$5.50	\$6.00
G <b>Up and Go (250mL)</b>	Chocolate \$2.50	G <b>Chicken</b>	\$5.00	<b>EXTRA FILLINGS</b>			
G	Banana	G <b>Spaghetti</b>	\$3.00	<i>for Sandwiches, Rolls, Wraps &amp; Toasted Sandwich</i>			
G	Vanilla			A <b>Tomato Sauce</b>			\$0.30
G <b>Cup of Milk</b>	\$1.00			G <b>Mayonnaise</b>			\$0.50
<b>SECOND HALF LUNCH</b>				G <b>Pineapple, Beetroot, Lettuce, Tomato, Carrot, Cucumber, Sliced Cheese</b>			\$0.50
G <b>Icy Poles &amp; Paddle Pops</b>	\$0.50 - \$2.00			G <b>Grated Cheese</b>			\$1.00
G <b>Slushies</b>	\$2.00						

**Traffic Light System:**

- G Green Item - Fill the Menu
- A Amber Item - Select Carefully and Limit
- R Red Items Are Off the Menu

**ALL DAY, EVERY DAY ITEMS AVAILABLE  
FOR BREAKFAST, RECESS and LUNCH**

G	<b>Fresh Fruit</b>		\$1.00
G	<b>Muesli Bars</b>	Apricot	\$1.50
G		Forest Fruits	
G	<b>Milo Energy Bar</b>		\$2.00
G	<b>Yogo (Chocolate)</b>		\$2.00

**RECESS**

G	<b>Cheesie</b>		\$1.00
G	<b>Spaghetti Cheesie</b>		\$1.00
G	<b>Toasted Wrap</b>		\$1.00
G	<b>Pizza (Bacon Blitz)</b>		\$1.00
G	<b>Pikelet</b>		\$0.50
A	<b>Anzac Biscuit</b>		\$0.50
A	<b>Muffin</b>		\$0.50
	<i>Other special items as available</i>		\$0.50/ \$1.00

**DRINKS**

G	<b>Water (600mL)</b>		\$2.00
G	<b>Poppa Juice (250mL)</b>	Apple	\$2.00
G		Apple & B/currant	
G		Orange	
G		Tropical	
G	<b>Brownes Milk (300mL)</b>	Chocolate	\$2.50
G	<b>Milky Max (200mL)</b>	Chocolate	\$2.00
G		Strawberry	
G	<b>Up and Go (250mL)</b>	Chocolate	\$2.50
G		Banana	
G		Vanilla	
G	<b>Cup of Milk</b>		\$1.00

\*\*\*Icy Poles, Paddle Pops and Slushies can be purchased during the second half of lunch in the warmer Terms 1 & 4 only. They will not be available if wet weather policy is in place or during Terms 2 & 3.

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Please DO NOT ask for credit or for money to be held.**



South Kalgoorlie Primary School  
**SKiPS CANTEEN MENU**

Canteen Staff: Sandra & Jenny  
Telephone: 9021 5875

**MENU**

Menus are compiled by SKiPS Canteen staff and members of the South Kalgoorlie Primary School Parents and Citizens' Association (P&C), with guidance from WASCA (WA School Canteen Association).

Menu Planning is consistent with the Department of Education's Healthy Food and Drink Policy, underpinned by the Australian Dietary Guidelines and Australian Guide to Healthy Eating and meets the schools Canteen & Healthy Eating Policy and "Allergy Aware" expectations.

*Although the canteen aims to please with special orders, it is appreciated if you can keep as close as possible to the menu.*



**CANTEEN ACCREDITATION**

We are a StarCAP2 accredited canteen with the Western Australian School Canteen Association (WASCA).



In July 2016 we were again awarded 4 Star Accreditation with 86% of our food sales as "Green". This means that we have a healthy menu that exceeds the minimum standards set by the Department of Education's Healthy Food and Drink Policy and "Traffic Light" system implemented for all WA public schools.



**PARENTS AND CITIZENS' ASSOCIATION (P&C)**

SKiPS Canteen is operated by the South Kalgoorlie Primary School Parents and Citizens' Association (P&C) for your convenience.

Our canteen employs 2 staff members; however, it also relies on volunteers in order to operate. Canteen volunteers are always welcome and any help you can provide is appreciated. We value any time you can volunteer - ½ hour, an hour or two, a day (there is always something to do). You might like to volunteer together with a friend? Please speak to Sandra or Jenny in the canteen if you can offer your time to assist.

P&C meetings are held regularly on the 3<sup>rd</sup> Wednesday of the month from 6.00pm-7.00pm in the Parent Room (except during school holidays). We are child friendly and your children are welcome!